



Thanks for your enquiry!

The **2010 Camp Quality Kokoda Trail** - your adventure that will bring smiles to children living with cancer, is a majestic and historic 96 kilometre journey, where you will experience walking through lush rain forests, climbing steep mountains, trekking along ridges and down through deep valleys before reaching your final destination, Kokoda ten days later.

Set to start on **Saturday 22nd May and finish on Monday 31st May**, this trip is the perfect opportunity to step outside of your comfort zone and join a group of like minded individuals. Together you will make a **BIG** difference in your own lives as you form strong friendships, explore an exciting culture and country, improve your fitness and raise valuable funds for Camp Quality. You can participate by yourself or bring a group along.

The Camp Quality Kokoda Trail is suited to all age groups, male or female predominantly between the ages of 16 and 65 but if you are determined and have a reasonable fitness level anyone is welcome. Leading up to the event date you will be recommended to follow the **ICON** fitness program and complete necessary medical information to ensure that you are ready for the trek.

Camp Quality is a national charity that is committed to bringing hope and happiness to children and their families affected by cancer through quality recreational, educational, hospital and financial support programs. We believe that fun and laughter helps a child and its family cope with the burdens that cancer brings. Your commitment to raise funds for Camp Quality will allow Camp Quality to provide **FUN THERAPY** to children and families affected by cancer at a time when their humour abandons them and they need it most.

Camp Quality is not government funded and relies on the generosity of individuals and businesses for the necessary support.

Enclosed in this pack please find the brochure, application form, information on the Kokoda Trail including the itinerary.

If you have any further questions or queries regarding this event please call Julie Sampson at the Camp Quality office on 07 3326 1299 or email julie.sampson@campquality.org.au or our guides James Holden 0403 418 263 or Chris Ramsey 0439 208 303 or email them on info@iconadventures.com.

Thank you again for your enquiry. We look forward to hearing from you soon and I hope that you can join us on a journey that will be etched in your memory for the rest of your life and remember **"Laughter is the Best Medicine"**.

Kind Regards

Julie Sampson
Fundraising Coordinator

