



TAS kids go **DIVING INTO FUN: Sarah Johnston, of TAS, provides a steady diving board.** for Camp Quality

AS part of their Community Awareness Program, Tweed Academy of Sport athletes enjoyed a few hours on Cudgen Creek at Kingscliff last Sunday helping out Camp Quality Northern Rivers.

Camp Quality was hosting a kids' camp at Tyalgum, while families were staying at Hastings Point, and the TAS athletes spent their Sunday morning taking the families stand-up paddleboarding in the creek.

For all Camp Quality families, it was the first time attempting the activity.

After the stand-up paddleboarding session, Murwillumbah Rotary supplied a barbecue lunch for all involved, while they enjoyed various games of boules, touch, and volleyball.

Needless to say, there were plenty of laughs.

"It was a wonderful experience for our athletes to be involved with," TAS general manager Margie Coleman said.

"It was a great exchange between three not-for-profit organisations.

"The academy looks forward to being involved with both

groups in the future."

The special day with the kids of Camp Quality was the academy's second good deed since its inception.

In December last year, 30 hockey players swapped lessons in athlete development for carol practice in preparation for a Christmas visit to residents of Bupa Aged Care Centre at South Tweed Heads.

The teenagers, aged from 14 to 17, have been encouraged to participate in community service as part of their involvement with the academy.



SO MUCH TO SEE: TAS athletes Oliver Crane and Savannah Fitzpatrick take a new Camp Quality friend for a tour of Cudgen Creek.



DIVING INTO FUN: Sarah Johnston, of TAS, provides a steady diving board.



TAS coach Izzy Popper plays tour guide for a Camp Quality visitor.